

# MEGAN MCCARVER

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## OBJECTIVE

To Instruct Yoga and Wellness

## EDUCATION

- 2011 – Present** Yoga Therapy RX Third Year - Loyola Marymount University, CA
- 2009** YogaWorks 300 Professional Program and Certification - Costa Mesa, CA
- 2006** YogaWorks 200 Hour Certification - Costa Mesa, CA
- 1996** Kundalini Yoga Instructor Certification / Santa Monica Yoga - Santa Monica, CA
- 1995** Hatha Yoga Instructor Certification / White Lotus Foundation - Santa Barbara, CA
- 1988 – 1990** Master of Arts Degree - M.F.C.C / Phillips Graduate Institute - Encino, CA
- 1988** Massage School of Santa Monica Certification - Santa Monica, CA

## PROFESSIONAL EXPERIENCE

- 2010 – Present** Wellness Consultant - Orange County Pain and Wellness- Santa Ana, CA
- 2011 – Present** Guest Teacher-YogaWorks 300 Professional Program - Newport Bch, CA
- 2006 – 2008** Volunteer Coordinator - Camino Real Playhouse - San Juan Capistrano, CA
- 2003 – Present** Hatha Yoga Instructor - YogaWorks - Mission Viejo, CA
- 2002** *Chatur Hasta Abhyanga*: Four Handed Hot Ayurvedic Oil Massage Practioner
- 1999 – Present** Founder and author of [www.YogaEverywhere.com](http://www.YogaEverywhere.com)
- 1995 – 2003** Hatha Yoga Instructor - Santa Monica Yoga and YWCA of Santa Monica, CA
- 1993** Co-founder of Santa Monica Yoga - Santa Monica, CA
- 1989 – 2003** Therapeutic Massage Practitioner - Kern and Associates PT, Santa Monica, CA  
Guest Instructor - Santa Monica School of Massage - Santa Monica, CA

## WORKSHOPS & RETREATS

- 1993 – Present** Facilitator / Teacher of Mindful Meditation
- 1992 – Present** Facilitator / Teacher of Yoga Retreats - White Lotus Foundation, Santa Barbara, CA  
and Somatheeram, Kerala, India